Barbara McInnis House Patient FAQ

Why does my medical provider want me to go to Barbara McInnis House?
Barbara McInnis House is a short term medical respite facility for homeless individuals. You were referred for treatment of a medical problem.

What can I expect when I first arrive?
For your safety, and the safety of everyone at Barbara McInnis House, you will be scanned by a metal detector on the first floor. On the 2nd floor, Security will go through your belongings to ensure you have not mistakenly brought any prohibited items. You will then be greeted by a nurse who will take your vital signs and bring you upstairs to meet with your team to complete the admission process.

What will my room be like?
Rooms are spacious and may be shared between 4-6 people. Bathrooms are located within patient rooms, and may be shared between two rooms. Each bed has its own TV and you will receive a pair of headphones to use with your TV.

What will the food be like?
Three nutritious meals a day are provided by our Food Services staff, and all meals are served in the dining room on the 2nd floor.

Is there cigarette smoking allowed?
Cigarette smoking is permitted on the 2nd floor Serenity Deck. Lighters are provided during smoking hours. There are also non-smoking hours-designed for patients who wish to get some fresh air.

What other services are there at Barbara McInnis House?
Patient support groups, washers and dryers for doing your laundry, behavioral health services, dental services, benefits management, and case management/discharge planning support.

Are there activities?
Arts and Crafts, Bingo, and other organized group activities are scheduled throughout the week. You may choose to watch TV on your own in your room, or with friends in the Activities room. Sign-up is available for using the computers and internet. You may also visit the Atrium, a lovely sun-filled space where you can meet with friends for a card game, read a book, or listen to music.

What should I bring with me?
You are encouraged to bring your prescription medications so they can be reconciled by your provider. You may also bring items such as a change of clothes, reading materials, and toiletries. Each patient is limited to 2 bags to ensure storage space for all. Your valuables such as jewelry, money, credit cards or IDs can be locked in our safe for the duration of your stay.

What should I not bring?
Weapons, sharps (such as knives or scissors), illicit drugs, e-cigarettes, loose tobacco, and food or drink are completely prohibited. Perfumes/aerosol sprays/lighters and matches are not allowed on the patient floors. These items can be held for you in a safe place and returned to you upon request when you are discharged.

May I leave the building?
Patients may leave the building to attend scheduled medical appointments or appointments set up by their case managers relating to housing or benefits. Patients may not leave the building for social reasons or to attend court appointments.

Are there Visiting Hours?
Visiting Hours take place in the 2nd floor lobby area Monday, Wednesday and Friday 1p-2pm. Visits outside of these usual visiting hours can be arranged for friends and family who are not able to come during regularly scheduled visiting hours.